

From the bestselling author of *Spirited* and *Awaken the Spirit Within*, spiritual medium Rebecca Rosen opens up about her personal life and answers the questions that fans ask the most: How does your connection to the world beyond help you better understand and navigate your day-to-day, real world? *What the Dead Have Taught Me About Living Well* follows Rebecca through a typical day in her life, juggling the responsibilities of family, friendships, work, health, money, and everything in between. But of course Rebecca's life is also colored with signs from the other world, with messages that spirits from the Other Side urgently want to share with their loved ones. Just like you, Rebecca can get overwhelmed at times, but she has developed strategies for coping with those feelings and refocusing when she feels herself going off-course. In this book, she shares those exercises, practices like creating a special space for tapping into higher spiritual guidance, how to get "spiritually dressed" in the morning by getting centered and protecting the energetic body, and how to cleanse negative energy from a room. After serving as a psychic medium between the spirit world and our day-to-day world for more than two decades, what Rebecca knows for sure is that the spirit world is always trying to get our attention. They intervene in our lives every day to let us know that our real-life struggles have a rhyme, a reason, and a purpose, and that we're not alone to figure it all out. Our guides have our backs every step of the way, and *What the Dead Have Taught Me About Living Well* reveals how to become more in tune with their guidance.

*A Man Called Peter; the Story of Peter Marshall, Biking Wisconsin Rail-Trails (Biking Rail-Trails), Two Destinies, and Novellas, Scalp Acupuncture and Clinical Cases, And Welcome to the Highlights: 61 Years of BBC TV Cricket, The Feynman Lectures on Physics: The Complete Audio Collection, Volume 8 (Audiocassettes),*

Start by marking "What the Dead Have Taught Me About Living Well" as Want to Read: From the bestselling author of *Spirited* and *Awaken the Spirit Within*, spiritual medium Rebecca Rosen opens up about her personal life and answers the questions that fans ask the most: How does. *What the Dead Have Taught Me about Living Well* walks you through an equally ordinary and extraordinary day in Rosen's life and reveals how she tunes in to.

Read this excerpt from my new book, *What the Dead Have Taught Me About Living Well*, to learn more: On a daily basis, clients come to me. The Hardcover of the *What the Dead Have Taught Me About Living Well* by Rebecca Rosen, Samantha Rose at Barnes & Noble.

Rebecca Rosen is an international best-selling author, inspirational speaker, and star of Lifetime's *The Last Goodbye*. Known for her accessible. How can we know if our departed loved ones are still with us? Can guidance from beyond help our daily lives run more smoothly and feel more purposeful?.

Buy *What the Dead Have Taught Me about Living Well* from Dymocks online BookStore. Find latest reader reviews and much more at Dymocks. Find great deals for *What the Dead Have Taught Me about Living Well* by Rebecca Rosen and Samantha Rose (, Hardcover). Shop with confidence on.

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