

True, the free-wandering 60s are long gone: you sold your backpack years ago, raised a family, enjoyed a fruitful career. Finally, it's time to indulge your wanderlust and rediscover the incredible fun and excitement of traveling off the beaten path. Riding the Hulahula to the Arctic Ocean offers dozens of travel options with the mature traveler in mind. Both an inspiring collection of experiences and a practical how-to guide, the book details 50 of the world's best adventures, as selected in a survey by the Adventure Trade Travel Association (ATTA) for people over 40. In-depth narratives convey the rich allure of 25 destinations with first-person descriptions, lively anecdotes, and subjects of special interest while concise third-person descriptions highlight the remaining 25 amazing adventures. Both formats show why the experts chose each locale and lay out all the wheres, whys, and hows you need to pick the trips most suited to your time and interest. The most active possibilities include eight days in interior Antarctica, hiking Peru's Inca Trail, and canoeing the lush backwaters of India. For those with more spirit than stamina, irresistible adventures still beckon: explore history, culture, and scenery in Tunisia; visit the jungle tribes of Papua New Guinea...tour Scotland's rugged Outer Hebrides for a taste of island life. With an attractive price and expert credentials, Riding the Hulahula to the Arctic Ocean delivers inspiration, information, and fantastic ideas to put adventure-hungry boomers back on the road.

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