

“Connected Parent, Empowered Child is the operating manual for happy parenting and creating successful empowered kids that we all wish we could have had before we had kids. And it works whether they’re 5 or 25!” JACK CANFIELD, Co-Author of *Chicken Soup for the Parent’s Soul®* Kids don’t come with instructions, and there’s no degree for being a parent. But wouldn’t it be great if there were? What if someone handed you proven tools to make parenting easier, more effective and more rewarding -- for you and your kids? Wouldn’t you say a resounding Yes! Bring it on! Well, here it is. In this blueprint for parenting, you’ll discover how to: Turn sass into respect. Dissolve conflict without getting angry. Get connected and stay connected, even to your teen. Create discipline that works for all. Improve communication skills for the whole family. Enjoy a peaceful home that brings out the best in each person. Connected Parent, Empowered Child is a road map for parents that gives you practical tools and strategies to relieve family stress and to guide you with certainty through the challenges youth and parents face in today’s crazy world. The solutions are simpler than the problems. This book delivers five powerful keys to turn daily stress and parenting challenges into easy and pleasant encounters and closer connection with your kids. Living to Thrive, Raising Self-Esteem, Resolving Conflict, Discipline with Dignity, Abolishing Bullying are the keys that will help you learn how to empower your children to be the best they can be and provide practical steps how to create open, authentic and clear communication. This book delivers CORE Success tools to improve communication, reduce anger, design a positive attitude, resolve conflict, build self-esteem and eliminate bullying from your child’s life. The author is an international communication and conflict resolution expert helping youth, parents and educators create transparent communication and positive, strong relationships. Her extensive experience in the international school system abroad and working with over 30 different cultures infuses this work with tips, tools and strategies that are proven to be effective no matter the culture, nor the age of the children and parents! Connected Parent, Empowered Child is a gift to parents who’d like to transform their relationship with their children. Leeza Steindorf offers a set of parenting tools which bring more ease, clarity and cooperation at home and enable parents to raise happy, confident and successful children.” Natalie Rogers, PhD, Distinguished Consulting Faculty, Saybrook University, San Francisco

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