

Chakras: Chakras for Beginners: The Guide to Balancing Your Life Force FREE DOWNLOAD WITH KINDLE UNLIMITED! Finding balance in life is a goal that is common to most of us. As we struggle to survive in this busy and crazy world we live in, we often find ourselves searching for meaning and purpose. We question our existence in this world. We find ourselves lost and oftentimes, imbalanced. We search for answers everywhere only to end up feeling more lost than ever. This book will help you understand why you are feeling what you are feeling. It will help you comprehend the reasons for the imbalance that you are sensing in your life. It will give you an insight into the real cause of your struggles and challenges.

7 Reasons to Buy This Book

1. This book will give you an overview of what chakra is all about.
2. Inside this book, you will learn what chakras are and how they can affect your life.
3. This book will help you identify which chakras are flowing freely in your life and those that are not.
4. This book will help you recognize the symptoms of blocked chakras.
5. This book shows simple and easy techniques on how you can unblock your chakras.
6. In this book, you will find simple and easy to understand descriptions of each chakra.
7. This book will show you the lessons that go with each chakra.

What Youâ€™ll Know from â€œChakras for Beginners: The Guide to Balancing Your Life Forceâ€•

- The seven chakras found inside your body.
- The difference between the physical and the subtle body.
- The different yoga postures or asanas that you can perform to unblock and enhance the flow of energy in each chakra.
- The common symptoms of blocked chakras.
- Two easy ways to unblock chakras and restore balance.
- Seven life lessons that go with each chakra.

This book was written for you by someone who, like you, has searched for balance and stability in his life. He was lost. He felt like he didnâ€™t belong. He felt disconnected and he felt that his life has no meaning. That person was none other than me. I was lost and aimlessly wandering through life. However, all that changed when I discovered the presence of chakras in my life. By understanding them and their effects in my life, I was able to unlock my life energies allowing me to find the balance in life that I have been longing for. This book will accompany you as you embark on a journey towards self-discovery and life balance. Let me help you get there by way of this book. **Scroll Up And Click Buy Now Button, Start Reading Today!!**

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