

Canning & Preserving Vegetables The Essential Kitchen Series, Book 52 Canning & Preserving? Isn't that something my grandmother did? It is, and this informative recipe book unlocks the reasons why. Originally begun as a way to save money and expand a food's shelf life, Canning & Preserving takes on whole new meaning in our modern age. Vegetables, in particular, are bursting with nutrients and untapped flavors. Learn to extract those hidden gems by following these suggested guidelines and recipes. Prepare and then pass on delicious, mouthwatering canned foods to friends and loved ones. A Lost Art? No longer! Believe me there's more to canning vegetables than simply packing them into a glass jar and screwing on a lid. There is an art, requiring safety and precision steps to provide the best end-result food products. Add spices, marinades, and any number of flavor-boosting ideas to the mix and enjoy it months later. Any number of tasty combinations are possible. Once you've mastered the 30 recipes contained in this easy-to-follow cookbook, you'll astound your family and friends with your own concoctions. There is literally no way to go wrong with these wonderful recipes. It can be fun and easy. We'll cover it all in the pages of the timely cookbook: what is canning and preserving – how does it work, the actual How To, and a realistic assortment of wonderful recipes. Learn what thousands have already discovered: canning and preserving your foods can be rewarding and cost effective – astound your friends, and then tell them where you got this gem of a cookbook. If you can eat it – you can preserve it. This timely instructional guide and recipe book is the only resource you'll ever need to can or preserving your favorite foods. Your creations will be worthy of sharing with virtually anyone. Have fun, try something new, capture someone's imagination, and buy this cookbook today! You'll have absolutely no regrets, but will be thrilled with the compliments these recipes will elicit from your loved ones. When you purchase today, you will also get access to a special free gift from The Essential Kitchen Series (\$97 Value). Tags: cookbook, cooking, recipes, cook book, recipe book, recipe, healthy recipes, food, eating

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