

For the over 10 million asthma or allergy sufferers in this country alone, Dr. Allen Weinstein has developed a safe, effective self-care program that enables you to control the symptoms and learn what factors can trigger attacks (and how to avoid them); how to select the medication that's best for you; how to design a treatment program for your specific case history; what special precautions to take for children, teenagers, pregnant women, middle-aged men, and older people; what to do in an emergency--and much more. Comprehensive, practical, and up-to-date, here is information that will help you and your family breathe easier. Essential for every asthma and allergy sufferers library. Dr. Michael Kaliner National Institutes of Health

The Womens Guide to Solo World Travel Backpacking - for Beginners of Any Age on Any Budget (Steves Mini Guides Travel Series #1), Bitten: Bitten Book 1 (Bitten Series), Scotland 2016 2016: Landscape Coast, Mountains and Waterfalls and Architecture Villages, Harbours, Castles and Bridges of Scotland the North of the United Kingdom (Calvendo Places), The War Between the Classes (Laurel-Leaf Contemporary Fiction), Sport and the Law: Historical and Cultural Intersections (Sport, Culture & Society), Cruising Guide to the Virgin Islands, The Science of the Soul: The Balance between Energy, Life, Mind, Soul, Spirit and God,

Asthma can make breathing difficult and cause coughing and wheezing. Learn about the different types of asthma here, such as bronchial asthma and allergic. Overview of asthma symptoms, asthma diagnosis, asthma treatment and asthma management written by the leading experts in allergy, asthma and immunology.

If you frequently experience shortness of breath or you hear a whistling or wheezy sound in your chest when you breathe, you may have asthma—a chronic . Asthma is a common long-term inflammatory disease of the airways of the lungs. It is characterized by variable and recurring symptoms, reversible airflow.

Asthma is a chronic disease of the airways that makes breathing difficult. With asthma, there is inflammation of the air passages that results in a.

Learn more about asthma in children and infants, from symptoms to diagnosis and treatment. Asthma is a chronic condition which causes narrowing and inflammation of the airways and breathing difficulty. It is common in adults and children. Asthma is a chronic disease of the airways in the lungs. It can occur in people of all ages, and there are several different types. Controlling the. Asthma is common in kids and teens, and tends to run in families. It can be mild or so severe that it gets in the way of daily activities. With medicine and the right. Find out what asthma is, what the symptoms are, what causes it and how it's treated.

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